1. LEARNING OUTCOMES OF THE CURRICULAR UNIT:

To understand the relationships between cultures, societies and sport. To know the methodology of survey and registration of folk games. To encourage reflection on the attitudes, ideas and values that characterize and justify the recreational activities and sports. To understand the historical and cultural perspective of the sport’s evolution from the medieval games. To develop the capacity of reflection and critical thinking on the physical activities performed in the past in order understand the actual sport.

2. SYLLABUS:

Anthropology


History of Sports


3. DEMONSTRATION OF THE SYLLABUS COHERENCE WITH THE CURRICULAR UNIT’S OBJECTIVES.

This course, through the syllabus developed, contributes for the education of the students as a future professional in sports area. For this purpose the contents presented help and
prepare students to make them aware of the need to “know how” and “Know how to do it” in the field of anthropology and history of sport.

4. MAIN BIBLIOGRAPHY


PASTOR PRADILLO, José Luis, Fragmentos para una antropología de la actividad física. Barcelona: Editorial Paidotribo, 2000

SERRA, M. Cameira, Os Jogos Tradicionais em Portugal. As relações entre as práticas lúdicas e as ocupações agrícolas e pastoris, Tese de Doutoramento, Vila Real: UTAD, 1999.

5. TEACHING METHODOLOGIES (INCLUDING EVALUATION):

The course is essentially theoretical-practical and the lessons are mainly based on expositive methods. In addition, questions are placed to the students that should reflect either orally or in writing. The teacher also provides small texts o develop the student’s critical analysis. Auxiliary teaching materials, especially slides and videos, are frequently used.

The evaluation will be based on continuous dynamic process, with training dimension. The continuous assessment it will follows the procedures described in the ESECD regulation and it is defined by the following elements: 1. Written work, based on in situ collection of traditional games, description, classification and presentation 25% 2. Knowledge and demonstrated ability in critical thinking about written texts provided 25% 3. Written test 50%.
6. DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES.

To achieve the goals set for the course, the methods set based on theoretical principles, practice and research. The student acquires knowledge in the classroom and applies by conducting a brief field work. The methods used give the student an opportunity to conduct an anthropological research through all stages of the process from the formulation and justification of the problem situation to the use of research tools and discussion of results.

Date: 30th of October of 2015

Signature:

Professor
(Associate Professor Nuno Cameira Serra)

Signature:

Area Coordinator
Associate Professor Carolina Júlia Félix Vila-Chã