

Course	Tourism and Leisure		Academic year	2020/2021	
Subject	Training Period		ECTS	15	
Type of course	Compulsory				
Year	2	Semester	2 nd sem		Student Workload:
Professor(s)	Fernando Florim De Lemos e Manuel Salgado		Total	405	Contact 405
Coordinator	Gonçalo Poeta Fernandes				

SD Planned

1. LEARNING OBJECTIVES

The completion of the Internship in the 3rd year of the study program of the Degree in Tourism and Leisure, through its integration into an organization related to tourism and / or leisure activity, public or private, aims to provide students with effective and active contact with the practical reality of the various business and public sectors. Thus enable the dynamic application and updating of the theoretical and practical knowledge acquired in the other curricular units of the curriculum, with the superior purpose of consolidating their professional skills. It is assumed that the appropriateness of the organization of the study cycle of the Tourism and Leisure course to the Bologna Process favors the appreciation of the student's approach to learning skills, with a view to the employability of graduates by the first cycle of higher education studies.

2. PROGRAMME

The Internship is within the terms defined in the Internship Regulations of the IPG and has the duration envisaged in the creation of the course, giving the student the ability to learn professional skills in a real work context and the development of the technical and scientific knowledge acquired during the course. It is also intended to assess their ability to carry out new tasks, specific to their technical, professional and scientific activities in an area of the various sectors of the tourist industry or public administration, from the local to the national level. The internship can take place in a period corresponding to the beginning of the second semester of the 3rd year of the Course and until the end of the respective academic year. The minimum duration is three months and may be extended by mutual agreement between the company / body and ESTH.

3. COHERENCE BETWEEN PROGRAMME AND OBJECTIVES

The nature of the traineeship referred to in the contents is aimed at the realization of this subject based on the rigorous fulfillment of the work plan defined with the counselor in ESTH and under his mastery, as well as with the tutor in the host tourist organization. The aim is to provide the student with knowledge, skills and competences in the technical and scientific field of the professional areas of the tourism sectors, according to the orientation of the process through GESP and in coordination with the Direction of the Course. Once the internship has been confirmed by ESTH, the tutor, the institution tutor and the student proceed to the definition of the internship plan. To this end, the student should go to GESP to begin the admission process to the curricular internship.

4. MAIN BIBLIOGRAPHY

Rules of Internship of the IPG and the degree in Tourism and Leisure.

Recommended

Ceia, C. (2008), Normas para apresentação de trabalhos científicos, 7ª edição. Lisboa: Presença.

Lousã, M., Cabral, A., Duarte, J. (2018) Como fazer trabalhos académicos: Guia prático para elaborar projetos, relatórios, teses, dissertações, artigos e muito mais. Porto Editora.

Veal, A. J. (2011), Research Methods for Leisure and Tourism: a Practical Guide, 4ª Edition, London: Pearson Professional Limited.

5. TEACHING METHODOLOGIES (INCLUDING EVALUATION)

The accomplishment of Internship is guided by an ESTH teacher and accompanied in the host organization by a tutor, according to commitment assumed in the internship plan. The work developed and the written documents should comply with the scientific rules inherent to the research work and the production of traineeship reports.

It is fundamentally intended that the student identify, problematize and present proposals for solving specific needs and problems of organizations, companies and territories. The curricular internship should, whenever possible, be accompanied by a professor of the Technical-Scientific Unit (UTC) most directly related to the course or by teachers whose scientific area guarantees some affinity between the teacher's training and the internship area. The Host Institution must appoint a Tutor to effectively follow the curricular internship, with relevant experience in the area or related and, preferably, with higher education. The evaluation presupposes regular monitoring of the internship in the organization and follows the rules defined in the School Regulation of the 1st Cycle of the IPG. The student presents a written report at the end of the internship, which is evaluated by a jury composed of three professors appointed by the Course Direction.

6. COHERENCE BETWEEN TEACHING METHODOLOGIES AND OBJECTIVES

This Training Period aims to give the student a more holistic view of the need for multiple interactions and impacts resulting from tourism in the various professional and technical areas, with the aim of stimulating a sustainable and competitive tourism development of the host organizations. Thus, the development of a work by the trainee and with a methodology appropriate to the scope of the functional aspects of the organization, could allow to reach the objectives of this subject because it allows a multidisciplinary view from the synthesis of the theoretical-conceptual knowledge acquired in the more theoretical CU of the three years of the Course and apply them through work performed in the organization in order to gain relevant work experience in operational terms, work organization and integration into teams with a view to the skills of know-how.

7. ATTENDANCE

The student must comply with the defined internship plan and the respective schedule.

Professor

Coordinator